

THE WESTCOAST READER

TEACHERS' NOTES

MAY 2016

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Discussion topics for you to consider:

Trudeau went to USA

The content of this article alludes to several political issues within Canada and between Canada and the US.

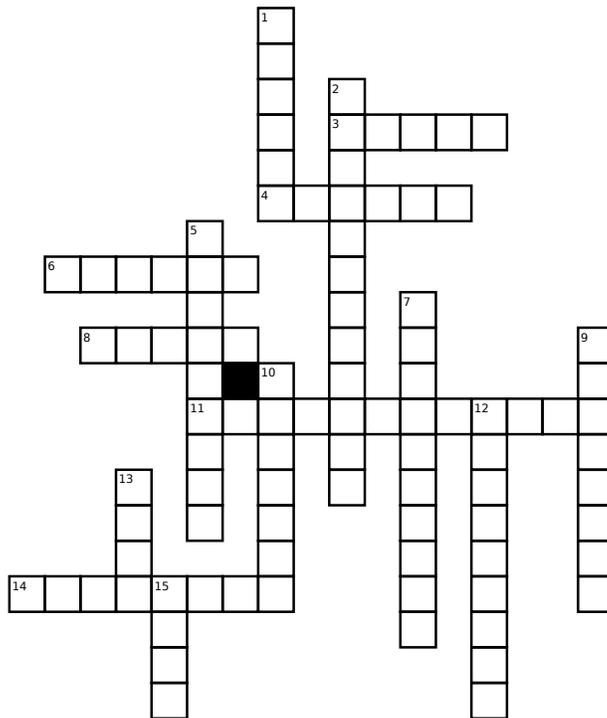
1. Notice the caption under the photo. It's different from the others in this issue. What's the difference? (Answer: The caption is in both English and French). Discuss your learners' experiences with Canada's two official languages. You could bring in some samples of other examples like cereal boxes, signs, documents.
2. Canada and the US share an international border.
 - Talk about what your learners think are some of the issues the two countries must manage in sharing a border.
 - What do they understand about the 3 issues listed in the article?
3. The article talks about the 'friendly' atmosphere of this meeting and about Americans being excited about our prime minister. Why is that of interest?

May 2 – 8 is National Mental Health Week.

We've included a couple of articles about mental health in this issue.

1. Are your learners surprised to learn about a company that hires employees with mental illness? Why or why not?
2. Talk about the importance of being able to talk about feelings and situations with a psychologist or therapist. Talk about why people are often afraid to go to a therapist.
3. Provide information about accessible resources in your community available to people to help them understand and solve their problems.
 - Check out the app <http://culturallyconnected.ca>. The app presents the concept of cultural humility and some skills / tools for patients and professionals.
4. How does a café like the Lupii contribute to mental health in a community? How might finding a summer job contribute to the mental health of youth? What does participation in an exercise program do for the mental health of seniors?

Crossword Puzzle - You need the words



Down:

1. People are often _____ to go to a therapist.
2. A _____ is a doctor who can help you with your mental health.
5. You have a _____ when you have a pain in your head.
7. Therapists can help us _____ our feelings.
9. People from different _____ have different ways of dealing with feelings.
10. People who are worried feel _____.
12. A _____ helps you talk about how you feel.
13. Most of us need _____ sometimes.
15. People need to _____ about how they feel.

Across:

3. People need _____ to feel healthy.
4. A _____ cares for our health.
6. Talking can help make your relationships _____.
8. People need to learn _____ to help them talk.
11. Therapists must keep what you say _____.
14. Worry can cause _____ like headaches and stomach aches.

Scavenger Hunt

Look through the newspaper to find the answers.

1. Prime Minister of Canada

2. President of the United States

3. year the Cleaning company started

4. animal that lives in the café

5. the national holiday in May

6. name of the café where people chat

7. the program that helps students get jobs

8. the museum that owns John Lennon's car

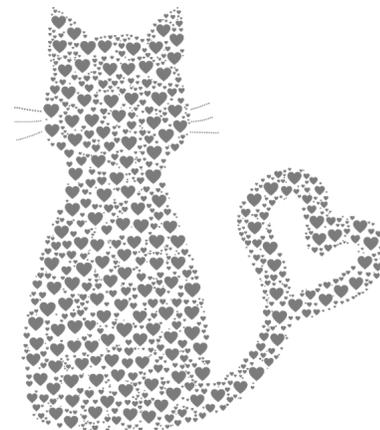
9. the exercise group for seniors

10. cost of a subscription to The Westcoast Reader

Unscramble the letters

Unscramble the letters and write the words on the lines.

1. fecofe _____
2. tcas _____
3. emoh _____
4. kindri _____
5. nrewo _____
6. lepoep _____
7. yktit _____
8. aeothsgr _____
9. lrsveo _____
10. jyone _____



pixabay.com

Verbs -- Finish the sentences

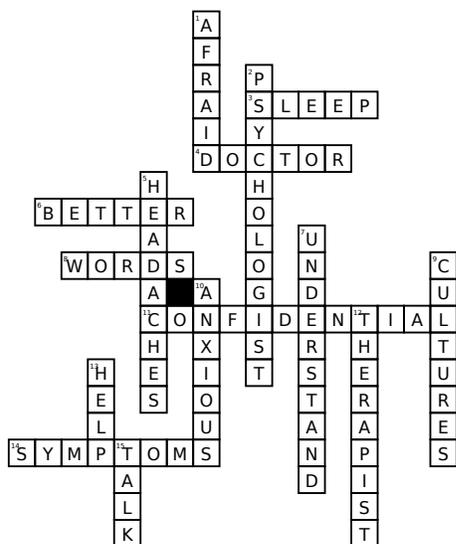
Use the verbs in the box below to finish the sentences.

1. President Obama will _____ to Canada in June.
2. The Cleaning Solution _____ people with mental illness.
3. They _____ 75 people.
4. People _____ the cats.
5. The café can _____ 16 people.
6. Papania's family _____ into the neighborhood.
7. The federal government _____ \$106 million on the program.
8. Sidhu _____ people need to understand.
9. John Lennon _____ music.
10. They _____ seniors to join an exercise class.

employ	wrote	says	come	moved
adopt	hires	serve	spent	advise

Answer Key

Crossword puzzle – You need the words



Scavenger hunt

1. Justin Trudeau;
2. Obama;
3. 2005;
4. Cat;
5. Victoria Day;
6. Catfe;
7. Summer Jobs Program;
8. Royal B.C. Museum;
9. Active Seniors;
10. \$15.75.

Unscramble the letters

1. coffee;
2. Cats;
3. Home;
4. Drink;
5. Owner;
6. People;
7. Kitty;
8. Shortage;
9. lovers;
10. enjoy

Verbs - finish the sentences

1. come;
2. hires;
3. employ;
4. adopt;
5. serve;
6. moved;
7. spent;
8. says;
9. wrote;
10. advise