

The exercises in these Teachers' Notes provide learning activities for a wide range of learners. They focus on helping learners develop reading strategies; increase their vocabulary; and improve their grammar, spelling, and pronunciation. Resources are included for extension activities and a discussion is included to help improve speaking and listening.

Margaret Sutherland & Gail Hanney, Co-editors

Answers

Find the missing ingredient (TN2)

1. yogurt 2. banana 3. milk 4. ice 5. flax
6. peanut 7. powder 8. spinach

Check your understanding (TN3)

1. Students from KVR Middle School are writing letters to seniors.
2. North Vancouver was listed as the number one growth city for one way U-Haul trips.
3. More than 7,000 athletes, artists, writers and tourists came from around the world.
4. E. Pauline Johnson's Mohawk name was Tekahionwake.
5. You should turn your clock forward one hour at 2 am on March 14.
6. Vegetables and fruit are cheaper when they are in season.
7. You can use up extra vegetables by making a big pot of soup.

Finish the sentence (TN4)

1. e 2. c 3. b 4. d 5. f 6. g 7. a

Resources & Discussion

Man turns junk into art (WCR1)

Show learners one of Junko's sculptures. Ask them to describe it and guess what kind of creature it is.

Find Junko's street art on Instagram:

<https://www.instagram.com/junko.playtime>.

Students write letters to seniors (WCR1)

Many seniors homes are accepting letters written to their residents. Contact a local home and ask if they would appreciate letters. Have learners write individually, or have them write a group letter together.

1990 Gay Games online exhibition (WCR3)

Read the story of the Gay Games and explore the virtual museum exhibition:

https://www.communitystories.ca/v2/celebration-1990-canadas-gay-games_gay-games-du-canada/

Nutrition month (WCR4)

Encourage learners to share a favourite recipe. For an added challenge, ask learners to use a common low-cost ingredient.

Find resources on Canada's food guide from the Government of Canada:

<https://food-guide.canada.ca/en/>

Introduce yourself

Practise introducing yourself like a lawyer. Write your information on the lines. Look at page 2 of *The Westcoast Reader* if you need help.

Hello,

My name is _____,

spelled _____.

I use _____ pronouns.

Find the missing ingredient

Write the missing ingredient from the chocolate peanut butter smoothie recipe on the line. Use the words from the word box.

Recipe	Word Box
1. 3/4 cup plain Greek _____	milk
2. 1 frozen _____	flax
3. 1 cup _____ of choice	spinach
4. handful of _____ cubes	powder
5. 1 tbsp _____ meal (ground flaxseed)	peanut
6. 1 tbsp _____ butter	yogurt
7. 1 tbsp cocoa _____	banana
8. handful of _____ (optional)	ice

Check your understanding

Scan *The Westcoast Reader* to find the answers to the questions. Write your answers in full sentences.

1. From which middle school are students writing letters to seniors?

2. Which city was listed as the number one growth city for one-way U-Haul trips?

3. How many athletes, artists, writers and tourists came from around the world to the 1990 Gay Games?

4. What was E. Pauline Johnson's Mohawk name?

5. What time should you turn your clock forward on March 14?

6. When are vegetables and fruit cheaper?

7. How can you use up extra vegetables?

Finish the sentence

Finish the sentences about E. Pauline Johnson. Write the correct letter on the line.

1. She is known for _____	a. the 1990s.
2. Her father was _____	b. her mixed heritage.
3. Johnson was proud of _____	c. a Mohawk hereditary chief.
4. She also wrote about _____	d. Indigenous women and children.
5. Her poems described Indigenous people as _____	e. standing up for the rights of women and Indigenous Peoples.
6. Johnson died in _____	f. strong and brave.
7. Her poems became popular in _____	g. 1913 in Vancouver.

Write about special clothing

Isabella Kulak wore her ribbon skirt on formal day. She was proud of sharing her culture.

Do you have a piece of clothing you wear on special days to share your culture? Or, to express who you are? Write about it.
