

THE WCR LEARNING COMMUNITY

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Canada



WelcomeBC



Photo courtesy of the BC Injury Research and Prevention Unit

Where do people drown?

In swimming pools, in natural waters such as rivers, lakes and oceans, and in bathtubs.

Always have an adult watch babies and children.



Babies and small children can drown in 2.5 cm of water.
Photo: iStockphoto

Water safety

Level 3
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Each year in BC, about 43 people drown. You drown if your lungs fill with water and you cannot breathe.



50% of children who drown are alone. No one is there to help.
Photo: iStockphoto

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Take swimming lessons.
Photo: iStockphoto



Learn CPR.
Photo: iStockphoto

Link:

Water safety – a teachers' guide:

<http://watersafety.usace.army.mil/SafePassage/>

Other swimming safety tips:

- Have a first aid kit and a telephone with you.
- Make sure you have lifejackets for everyone.
- Be your child's lifeguard.