



Premier Christy Clark talks to reporters.

Photo — Wayne Leidenfrost/The Vancouver Sun

Anti-bullying

Adapted from bullyingcanada.ca;
thebullyproject.com; and *The Vancouver Sun*.

In June, 2012, Premier Christy Clark announced the B.C. government will spend \$2-million to help stop bullying in schools.

Did you know?

About one in seven children in Canada (aged 11 to 16) is bullied.

There are many warning signs when children are bullied. For example:

- **They do not want to go to school.**
- **They are sad, angry or withdrawn.**
- **They often have their things broken or stolen.**

Talk to your children about bullying.
What can they do to keep safe?
Some of the following things can help:



Look at the bully and yell:
"No! Stop it!"
Then, walk away or run
if you have to.



When you can,
find an adult you trust
and tell the adult
what happened.



Speak and act bravely.
Stay calm.
Do not show
you are scared.



Make friends with people
who will help you.
Be a friend, also.
Help people who are bullied.

Illustrations — Nola Johnston