



Skylar and Chloe Sinow make pasta sauce.

PHOTO - Mark van Manen / Vancouver Sun

## LEVEL 2

# Brother and sister cook up sauce

Skylar and Chloe Sinow run their own business.

They make and sell pasta sauces.

They wrote a cookbook.

Their business is called Kids Can Cook Gourmet.

### The sauces

They make three kinds of sauces.

### The cookbook

The cookbook is called *Kids Can Cook Gourmet: A Culinary Journey Through Europe*.

The Sinow family travelled through Europe for a year.

They shopped at fresh food markets. Skylar cooked with the fresh foods.

Skylar and Chloe wrote their cookbook.

### The Dragon's Den

In 2015 they asked for money for their pasta sauce business on TV.

The CBC TV show is called The Dragon's Den.

The host of the TV show said, "They were amazing."

Skylar was 12 and Chloe was 10 years old.

### Skylar and Chloe work and go to school.

Skylar is the chef. He bicycles home from school at lunchtime to work.

He cooks meals and makes the pasta sauces.

Last year he helped cook for 400 people. The meal raised money for a community services building in Squamish, B.C.

Chloe handles the Tweets, Facebook, Instagram and bookkeeping.

Skylar and Chloe know what kids like. Kids love their sauces.





Jars of Kids Can Cook Gourmet tomato sauces.

PHOTO - Mark van Manen / Vancouver Sun

## They help others

They support the Greater Vancouver Food Bank.

You buy three jars of sauce and they give one to the food bank.

They also support the Canadian Breast Cancer Foundation and Canuck Place.

They donate 5% of their net profits to local charities.

## Links:

Check out their website, [Kids Can Cook](#)

Follow them on [Facebook](#)

Story adapted from [The Vancouver Sun](#) by Patty Bossort

## Exercise: True or False

Put the letter T on the line at the beginning of the true statements.

Put the letter F on the line at the beginning of the statements that are not true. They are false. The first one is done for you.

1.   F   Chloe is the chef.
2.        The Sinow family went to Europe.
3.        The family was in Europe for three years.
4.        Kids love their sauces.
5.        Skylar and Chloe asked for money on TV.
6.        Skylar and Chloe wrote a cook book.
7.        They do not go to school.
8.        They make five kinds of sauce.
9.        Chloe handles Facebook and Twitter.
10.        They give some of their profit to charities.

## Answer Key

1. F; 2. T; 3. F; 4. T; 5. T; 6. T; 7. F; 8. F; 9. T; 10. T

