
How to pack a picnic 📖

One of the best ways to enjoy the summer is to eat outdoors. You can go on a picnic with your family and friends. You can picnic at a park, a beach, a campground or by a lake.

What to bring on a picnic:

- a blanket
- a picnic table cover
- a picnic basket or tote bag
- paper plates, napkins, forks, spoons and knives
- paper towels
- a trash bag
- bug repellent



You can picnic at a beach.

What food do you bring on a picnic?

It is best to bring food that will not spoil in warm weather. Keep food cool. Use containers to keep food safe and clean.

Here are some picnic foods:

- cured meats, cheese, olives, pickles and crackers
- fresh vegetables and fruit
- dried fruit and nuts
- sandwiches and wraps
- pasta salad
- popcorn and chips
- cookies, cupcakes and pie
- lemonade, iced tea and water



Make your picnic fun.

Make your picnic fun!

Bring things to play with like balls, frisbees, kites and bubbles. Make a music playlist on your phone. Enjoy!

Adapted from *Fun Cheap or Free*

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