
Biking in B.C.

Biking is one of the best ways to see B.C. You can see mountains, rivers and wildlife. You can stop for a picnic in a park or go for a swim at a beach.

Here are some places to see by bike.

Stanley Park Seawall

Stanley Park is in Vancouver. Ride along the seawall. You will see the Lions Gate Bridge, the North Shore Mountains and Siwash Rock.



These people are biking along the seawall in Stanley Park.

International Hiking and Biking Trail

You can bike from Oliver to Osoyoos, B.C. There are ponds with ducks, herons, eagles and painted turtles. The trail goes along the Okanagan River. You can swim in the river. You can visit a winery.



There are wineries between Oliver and Osoyoos.

Salt Spring Island: South End Slow Cycle

This bike route goes from the Fulford Harbour ferry terminal to Ruckle Provincial Park. You will see a lake and pastures in the countryside. You can stop at a farm stand to buy fruit, jams and flowers.



This is Ruckle Provincial Park.

To find more places to bike, visit [HelloBC](http://HelloBC.com).

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