
What's paddle boarding?

Find 's'

List all the words that starts with 's' in this article.

Compound words

Compound words are made by joining two words together to make a new word. Match the word in List A with a word in List B to make a compound word. Write it on the line.

List A	List B	
1. sun	a. suit	<u>sunscreen</u>
2. star	b. out	_____
3. sea	c. screen	_____
4. surf	d. shore	_____
5. after	e. time	_____
6. wet	f. fish	_____
7. day	g. board	_____
8. work	h. noon	_____

What's paddle boarding?

Check your understanding 

Answer the following questions in complete sentences.

1. What is the use of a paddle in paddle boarding?

2. Why is paddle boarding a good workout?

3. List two safety tips for paddle boarding.

4. Which step in "How to paddle board" do you think is the hardest?
Why?

5. Would you want to try paddle boarding? Why or why not?

What's paddle boarding?

Answers

Find 's'

sport, stand, surfboard, shape, steer, shoulders, stomach, safety, sunny, sunscreen, sleeved, shirt, suit, shallow, slowly, straight, shaft, switch, side, some

Compound words

1. sunscreen 2. starfish 3. seashore 4. surfboard
5. afternoon 6. wetsuit 7. daytime 8. workout

Check your understanding

1. The paddle is to steer and move through the water
2. Paddle boarding helps build muscles in your arms, shoulders, stomach and legs.
3. Wear a life jacket, tie your ankle to a leash, wear a hat/sunscreen/long-sleeved shirt on a sunny day or wear a wetsuit/dry suit on a cold day
4. Answers may vary
5. Answers may vary