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# Roasted pumpkin seeds recipe

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## Verbs

Verbs are action words, like run, wash, eat, etc.

Circle the verb(s) in the sentences below. Check your answers in the story.

1. Preheat oven to 300 degrees.

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2. Scoop the seeds out of the pumpkin with a strong metal spoon.

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3. Soak the seeds and remove any pumpkin bits.

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4. Rinse the seeds and remove any pumpkin bits.

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5. Dry seeds with a towel.

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6. Toss clean dry seeds with oil, salt and spices in a bowl.

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7. Spread the seeds in a single layer on a baking sheet.

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8. Bake for 45 minutes or until golden brown. Stir occasionally.

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## What happened first?

Fill in the blanks. Then, number the events in the story from 1 to 8. The first one is done for you.

_____	a. Scoop the _____ out of the pumpkin with a strong metal spoon.
_____	b. Dry seeds with a _____.
<u>1</u>	c. Preheat _____ to 300 degrees.
_____	d. Toss clean dry seeds with oil, _____ and spices in a bowl.
_____	e. Bake for 45 minutes or until golden _____. Stir occasionally.
_____	f. Spread the seeds in a single _____ on a baking sheet.
_____	g. Rinse the seeds in a _____ to remove the stringy parts.
_____	h. Soak the seeds and remove any _____ bits.

## Sentences

Use three of the verbs in this recipe to write sentences.

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

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Answers

## Verbs

1. **Preheat** oven to 300 degrees.
2. **Scoop** the seeds out of the pumpkin with a strong metal spoon.
3. **Soak** the seeds and **remove** any pumpkin bits.
4. **Rinse** the seeds and **remove** any pumpkin bits.
5. **Dry** seeds with a towel.
6. **Toss** clean dry seeds with oil, salt and spices in a bowl.
7. **Spread** the seeds in a single layer on a baking sheet.
8. **Bake** for 45 minutes or until golden brown. **Stir** occasionally.

## What happened first?

1. c 2. a 3. h 4. g 5. b 6. d 7. f 8. e